

## **Mental Health and Substance Use Clinician Timmins Youth Wellness Hub**

The Timmins Youth Wellness Hub (YWH) is offering a full time Mental Health and Substance Use Clinician position.

The vision of the Timmins YWH is to create a community for all youth to connect, belong, and grow.

As a Youth Wellness Hubs Ontario (YWHO) site, we aim to bring the right services to youth (12-25) and their families at the right time and in the right place. YWHO is improving Ontario's mental health and addiction services for youth and their families by providing rapid access to mental health and substance use services with walk-in, low-barrier services and clear pathways to service.

We welcome and strongly encourage applications from candidates from diverse and equity-seeking groups including, but not limited to: Indigenous individuals, people of colour as well as those who identify as 2SLGBTQ+.

The Timmins Youth Wellness Hub is committed to providing accommodations throughout the recruitment process. If you require accommodation, please notify us and we will work with you to meet your needs.

## JOB SUMMARY

Under the direction of the Youth Wellness Hub Executive Director, working within the context of a multidisciplinary team, the clinician will provide therapeutic interventions and substance use/harm reduction supports to youth, ages 12-25, based on evidence-based practices. Using a client-centered approach, the Clinician will conduct mental health assessments and provide therapeutic supports and/or interventions to youth. They will provide timely, responsive, evidence-based treatment and clinical supports, including but not limited to solution-focused narrative therapy, cognitive-behavioral therapy, dialectical behavior therapy, and motivational interviewing to youth who are dealing with addictions and substance use. This can include a whole spectrum of supports and services from referrals with







the hub, to external providers, and involve direct support and treatment from harm reduction to withdrawal support and relapse prevention services. The MHSU Clinician will support and assist in creating a safe and accepting environment for youth (12-25 years old) with a special emphasis on the 2SLGBTQ+, Indigenous youth and other marginalized community youth. Supports and services provided at the Timmins YWH include, but are not limited to, mental health, substance use, primary care, employment/training, housing, skills and well-being activities and other community and social services.

# RESPONSIBILITIES

- Screen and assess youth need for supports and services, perform risk assessments, explore immediate therapeutic supports and/or interventions as needed.
- In collaboration with the client, develop, implement, evaluate, revise, and maintain care plans according to the individual's needs, preferences, and progress towards their identified goals.
- Provide timely, responsive, evidence-based treatment and clinical supports to youth who are experiencing withdrawal.
- With the agreement of the client, assist families or other support persons to develop strategies that will help them support the person and cope with their mental health issues and/or addictions.
- Work with other YWH staff to help identify when youth may require supports - either in terms of mental health or substance use
- Establish and maintain professional boundaries with youth and others in circle of care.
- Help provide education and capacity to all YWH staff re: harm reduction and mental health
- Meet youth where they are in terms of treatment and interventions
- Participate in program planning, implementation, and evaluations
- Ensure a safe and secure youth environment
- Collaborate with YWH community partners
- Provide referrals/make linkages to culturally appropriate services/supports as needed
- Create a welcoming, culturally safe environment
- Participate as a team member in the day-to-day hub operations





- Document and maintain electronic youth client records (intake and assessment forms, progress notes, correspondences, client files, etc.)
- Ensure any administrative duties are completed in a timely manner.
- Complete other required documents as per program and agency policies, and procedures and standards
- Participate in meetings, professional development opportunities, training events, committees, etc. as required or approved.
- Promote a safe and healthy work environment by identifying potential hazards in the work environment and taking appropriate action by notifying a member of the Joint Health and Safety Committee of Management representative of any potential health and safety concerns, risks or near misses.
- Collect and maintain accurate data and information in accordance with YWH policies, the Personal Health Information Act (PHIPA) and the requirements of any regulatory body standards.
- Always represent the Timmins YWH in a manner that reflects the Mission, Vision and Values of the Organization
- Other duties as assigned.

## QUALIFICATIONS

- Bachelor's Degree in Social Work or a Bachelor of Arts degree in one of the core mental health disciplines. Other levels of relevant education with experience in the mental health and addictions fields may be considered.
- Current Certificate of Registration with the Ontario College of Social Workers and Social Service Workers (OCSWSSW) is an asset.
- Minimum 2 years' experience working in a related position preferred, ideally in a community-based setting

## **SKILLS AND ASSETS**

- Excellent assessment, decision-making and problem-solving skills
- Highly effective oral, written, and interpersonal communication skills and conflict resolution skills
- A range of evidence-based interventions, including solution-focused therapy, cognitive-behavioral therapy, dialectical behavior therapy, and motivational interviewing





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- Knowledge and experience in substance use and harm reduction
- Experience working with black youth and people of colour, First Nations, Métis and Inuit and 2SLGBTQ+ peoples is an asset
- Knowledge and understanding of Indigenous peoples, culture and healing. practices
- Ability to establish trusting relationships with youth while maintaining appropriate professional boundaries
- Ability to work independently and as part of a team
- Ability to act as an advocate for clients in accessing and maintaining support services. Advocacy may include but is not limited to writing letters of support, phone calls, case conferences, and attending meetings
- Knowledge of community resources for youth is an asset
- Familiarity with the Timmins YWH is an asset

### ADDITIONAL REQUIREMENTS

- Can work variable hours that might include evenings, weekends and weekdays depending on work demands
- Bilingualism (English/French)
- A satisfactory and current Vulnerable Sector Screening
- Must be able to participate in team meetings, supervision and training sessions as required
- Ability to work respectfully and collaboratively with other staff teams and abide by all Timmins YWH policies
- Valid First Aid & CPR certificate or willingness to obtain.
- The Timmins Youth Wellness Hub has a mandate requiring all employees to be fully vaccinated against COVID-19.

## WORKING CONDITIONS

- Working conditions are comparable to standard office conditions with minimal exposure to hazards.
- Working variable hours including evenings and weekends.

#### **SALARY RANGE**

\$70,000-\$75,000 per year based on a 35-hour work week, plus health benefits.







#### **PROJECTED START DATE**

April 14, 2025

### Resumé and cover letter, including references list, to be submitted no later than 9:00AM on Monday, March 17, 2025 to:

Maegan Cooper Intake Coordinator, Timmins Youth Wellness Hub maegan.cooper@ywhtimmins.ca

Only those candidates selected for an interview will be contacted.







