



Permission form for Timmins Fitness Alternatives Activities

I, the parent/guardian of, _____ give permission for my child to participate in the Building Youth Resiliency Program offered by Timmins Fitness Alternatives in partnership with the Timmins Youth Wellness Hub. I agree to be bound by the Timmins Fitness Alternatives agreement of release and waiver of liability. The series will be offered through July 4th 2023, to August 24th 2023.

signature of participant (or legal guardian if under 18) date

signature of witness

date