



# Indigenous Programming at the Timmins Youth Wellness Hub

## Programming includes:

- Crafting (beading, sewing, painting)
- Hands-On Teachings
- Interacting with Elders
- Nature Walks
- Cook and Learn
- & Much More!

***Open to ALL Indigenous & Non-Indigenous youth aged 12-25.  
All programs are drop-in (no registration required)!***

Scan the QR code or visit  
[ywhtimmins.ca/schedule](http://ywhtimmins.ca/schedule) to keep up to  
date with Indigenous Programming.



If you have any questions regarding  
Indigenous Programming, please  
reach out to Kaneisha, our Indigenous  
Youth Programming Lead at  
[kaneisha.echum@ywhtimmins.ca](mailto:kaneisha.echum@ywhtimmins.ca)