



## **Peer Mentor**

### **Timmins Youth Wellness Hub**

The Timmins Youth Wellness Hub (YWH) is offering a part time Peer Mentor position.

The vision of the Timmins YWH is to create a community for all youth to connect, belong, and grow.

As a Youth Wellness Hubs Ontario (YWHO) site, we aim to bring the right services to youth (12-25) and their families at the right time and in the right place. YWHO is improving Ontario's mental health and addiction services for youth and their families by providing rapid access to mental health and substance use services with walk-in, low-barrier services and clear pathways to service.

We welcome and strongly encourage applications from candidates from diverse and equity-seeking groups including, but not limited to: Indigenous individuals, people of colour as well as those who identify as 2SLGBTQ+.

The Timmins Youth Wellness Hub is committed to providing accommodations throughout the recruitment process. If you require accommodation, please notify us and we will work with you to meet your needs.

### **JOB SUMMARY**

This position supports the Youth Wellness Hub (YWH), serving youth between the ages of 12 to 25. The Hub's mission is to bring together youth and community partners to support social, mental, physical and social well-being with activities, resources and services.

This position is essential to the operation and values of the YWH, recognizing that youth engagement requires the perspective and experiential knowledge of Peer Mentors, as adolescents tend to share their problems and concerns with each other rather than seek formal help (Ontario Centre of Excellence for Child and Mental Health, 2018).

### **RESPONSIBILITIES**

- Greet, welcome and orient youth to the Hub:
  - Introduce them to staff and other youth,
  - Give them a tour, explain how it operates
  - Explain the digital registration (My Wellness Passport) process and provide assistance if appropriate
- Contribute to the creation of a safe, inclusive and welcoming space that is free of judgment and stigma
- Build rapport and establish open, honest, supportive and non-judgmental relationships with youth visiting the hub
- Actively participate in activities at the Youth Wellness Hub
- Demonstrate personal integrity and authentic concern for the emotional and physical safety of youth peers

- Use personal perspective and experience when asked to assist youth in navigating issues important to them, respecting the person's right to self-determination and the ability to co-create solutions.
- Work with peers to explore connections with other community resources
- Upon request, and using the 3R approach (recognize, respond, refer), assist youth with articulating their challenges and personal development goals
- Refer to clinical staff any youth in need of crisis, mental health, or other core service supports
- Ensure confidentiality and is able to set boundaries
- Engage in personal self-care practices and techniques
- Participate in training associated with the Peer Mentor role
- Collaborate in the ongoing planning and facilitation of YWH activities
- Other duties as they arise

### **QUALIFICATIONS/SKILLS/ASSETS**

- Demonstrated ability to work in and create a safe, respectful and stigma-free environment
- Excellent interpersonal and communication skills
- Ability to work both independently and within a team
- Strong awareness of limitations and personal/professional boundaries
- Ability to relate and connect with youth across the 12 to 25 year age span
- Be an active listener, empathetic, hopeful and optimistic, open minded and non-judgmental
- Has or willing to learn how to share strategies and experience in a way that supports a fellow youth's development
- Personal commitment to self-care
- Valid First Aid & CPR certificate or willingness to obtain
- A satisfactory and current Vulnerable Sector Screening is a requirement
- Knowledge of Timmins community, community resources and the Hub is an asset
- Bilingualism (French/English) is an asset
- Basic kitchen skills and knowledge of corresponding health and safety practices (food handling) is an asset

### **ADDITIONAL REQUIREMENTS**

- Willingness to work flexible hours, including some evenings and weekends
- Must be able to participate in team meetings, supervision and training sessions as required
- Ability to work respectfully and collaboratively with other staff teams and abide by all Timmins YWH policies, including the Social Media policy.
- The Timmins Youth Wellness Hub has a mandate requiring all employees to be fully vaccinated against COVID-19.

### **WORKING CONDITIONS**

- Working conditions are comparable to standard office conditions with minimal exposure to hazards.
- Working variable hours including evenings and weekends.



**SALARY:** \$19/hour

**PROJECTED START DATE**

Mid to late September

Resume and cover letter, including references list, to be submitted to

Nikki St Clair  
Assistant Coordinator, Timmins Youth Wellness Hub  
[nikki.stclair@ywhtimmins.ca](mailto:nikki.stclair@ywhtimmins.ca)

**Only those candidates selected for an interview will be contacted.**