



**youth  
wellness  
hubs**  
ONTARIO

**carrefours  
bien-être  
pour les jeunes**  
DE L'ONTARIO

# SEPTEMBER 2024

☎ 705-268-0400

**HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON**

**\*SCHOOL YEAR HOURS\*** MONDAY, TUESDAY AND THURSDAY: 10AM - 6PM WEDNESDAY: HUB HQ 12PM - 4PM / ROTATIONAL 4PM - 8PM FRIDAY: CLOSED SATURDAY: 12PM - 4PM

02

**CLOSED**  
for Labour Day

03

Coffee social at Aline's  
Meet at Hub HQ  
For ages 18-25  
2:00 pm - 3:00 pm



Drop-in time  
For ages 12-17  
4:00 pm - 5:30 pm

04

Self-Guided Social  
For ages 18-25  
1:00 pm - 3:00 pm

Welcome to Timmins  
Night  
@ the McIntyre  
For ages 12-25  
4:00 pm - 8:00 pm

05

Self-Guided Social  
For ages 18-25  
1:00 pm - 3:00 pm

Modeling clay figures  
For ages 12-17  
4:00 pm - 5:30 pm



07

@ Hub HQ  
For ages 12 to 17  
12:00 pm - 3:45 pm

Drop in Time:  
MarioKart  
Pool table  
Board games

09

Cooking Workshop:  
Taco Bowls  
For ages 18-25  
1:00 pm - 3:00 pm



Cooking Workshop:  
Taco Bowls  
For ages 12-17  
4:00 pm - 5:30 pm

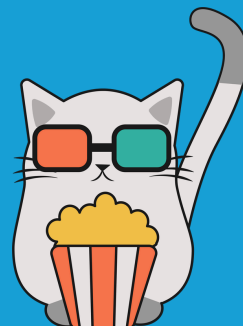
10

Cover Letter and  
Resume Prep with  
Northern College  
For ages 12-25  
2:30 pm - 4:30 pm

Thrifting for Youth in  
Need  
For ages 12-25  
4:00 pm - 5:00 pm

11

Movie Night!  
*Matilda*  
For ages 12-25  
4:00 pm - 7:00 pm



12

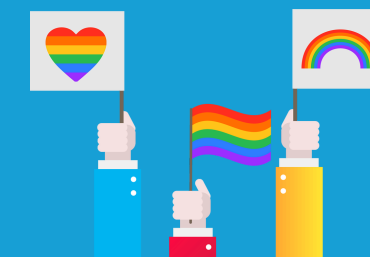
DIY Pride Pins  
For 2SLGBTQIA+ youth & allies  
ages 18-25  
1:00 pm - 3:00 pm

DIY Pride Pins  
For 2SLGBTQIA+ youth & allies  
ages 12-17  
4:00 pm - 5:30 pm

14

Meet @ Hub HQ  
For ages 12-25  
1:00 pm - 3:45 pm

Pride Rally!  
Youth who identify as  
2SLGBTQIA+ and allies  
welcomed



## Hub Services & Supports

- Peer Support
- Care Coordination
- Hub Counsellor
- Single Session Counselling
- Housing Support
- Educational Support
- Community Supports
- Homework Help
- Primary Care: Sexual Health Clinic

**Always available!**

Free for all youth aged 12-25.  
The TYWH is a safe and  
welcoming space for all youth.

Always available: meals &  
snacks, bus tickets, hygiene  
supplies + more.



/ywhtimmins



@ywhtimmins



ywhtimmins.ca



**youth  
wellness  
hubs**  
ONTARIO

**carrefours  
bien-être  
pour les jeunes**  
DE L'ONTARIO

# SEPTEMBER 2024

☎ 705-268-0400

**HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON**

**16**

**Self-Guided Social**  
*For ages 18-25*  
1:00 pm - 3:00 pm

**Bullet Journaling with  
Metis Nation of Ontario**  
*For ages 12-17*  
4:00 pm - 5:30 pm

**17**

**NeuroSkills with SABIC**  
*For ages 12-25*  
3:00 pm - 5:00 pm



**18**

**Bowling and Pizza**  
*For ages 12-25*  
4:00 pm - 6:30 pm

*Meet at Hub HQ by 3:45  
and walk over with us!*

**19**

**Service Ontario  
Presentation and  
Popcorn**  
*For ages 12-25*  
3:30 pm - 5:30 pm



**21**

**@ Hub HQ**  
*For ages 12 to 17*  
12:00 pm - 3:45 pm

**Board Game  
Tournament**

**23**

**Book Club with Maegan:  
DIY Bookmarks**  
*For ages 12-25*  
3:30 pm - 5:30 pm



**24**

**Cooking Workshop:  
with ACT**  
*For ages 18-25*  
1:00 pm - 3:00 pm

**Cooking Workshop:  
with ACT**  
*For ages 12-17*  
4:00 pm - 5:30 pm

**25**

**@ O'Gorman Intermediate**  
*For ages 12-25*  
4:30 pm - 8:00 pm

**Rotational Hub**  
Open gym, board games,  
yarn painting dinner



**26**

**Tea and Talk**  
*For ages 18-25*  
1:00 pm - 3:00 pm

**Tea and Talk**  
*For ages 12-17*  
4:00 pm - 5:30 pm

**27 (Friday)**

**@ Collège Boréal**  
*For ages 12-25*  
7:00 pm - 9:00 pm

**Coffee House**  
Refreshments and  
live music!



## Hub Services & Supports

- Peer Support
  - Care Coordination
  - Hub Counsellor
  - Single Session Counselling
  - Housing Support
  - Educational Support
  - Community Supports
  - Homework Help
  - Primary Care: Sexual Health Clinic
- Always available!**

**Free for all youth aged 12-25.**  
The TYWH is a safe and  
welcoming space for all youth.

**Always available: meals &  
snacks, bus tickets, hygiene  
supplies + more.**

**f** /ywhtimmins

**@ywhtimmins**  **ywhtimmins.ca**



**youth  
wellness  
hubs**  
ONTARIO

**carrefours  
bien-être  
pour les jeunes**  
DE L'ONTARIO

# SEPTEMBER 2024

☎ 705-268-0400

**HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON**

**30**

**Truth and  
Reconciliation  
Day**

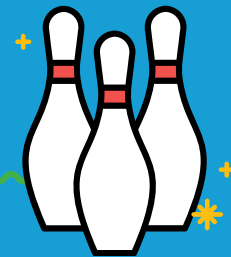


**October 01**

**Vaping Workshop with  
the PHU**  
*For ages 12-25*  
4:00 pm - 5:30 pm

**02**

**Bowling and Pizza**  
*For ages 12-25*  
4:00 pm - 6:30 pm  
*Meet at Hub HQ by 3:45!*



**03**

**Self Guided Social**  
*For ages 18-25*  
1:00 pm - 3:00 pm  
**Study Club with Treats**  
*For ages 12-17*  
4:00 pm - 5:30 pm

**05**

**@ Hub HQ**  
*For ages 12 to 17*  
12:00 pm - 3:45 pm

**Guided Painting**



**Hub Services  
& Supports**

- Peer Support
- Care Coordination
- Hub Counsellor
- Single Session Counselling
- Housing Support
- Educational Support
- Community Supports
- Homework Help
- Primary Care: Sexual Health Clinic

**Always available!**

Free for all youth aged 12-25.  
The TYWH is a safe and  
welcoming space for all youth.

Always available: meals &  
snacks, bus tickets, hygiene  
supplies + more.

**f** /ywhtimmins

@ywhtimmins  ywhtimmins.ca