



**youth
wellness
hubs**
ONTARIO

**carrefours
bien-être
pour les jeunes**
DE L'ONTARIO

OCTOBER 2024

☎ 705-268-0400

HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON

SCHOOL YEAR HOURS MONDAY, TUESDAY AND THURSDAY: 10AM - 6PM WEDNESDAY: HUB HQ 12PM - 4PM / ROTATIONAL 4PM - 8PM FRIDAY: CLOSED SATURDAY: 12PM - 4PM

07

Coffee social at Aline's
Meet at Hub HQ
For ages 18-25
2:00 pm - 3:00 pm

Dinner and chill drop-in
For ages 12-25
4:00 pm - 5:30 pm



08

Northern College
admissions with
pumpkin treats
For ages 12-25
2:30 pm - 4:30 pm

09

@ Roland Michener
For ages 12-25
4:30 pm - 8:00 pm

Open gym
Supper
Board games
Minute to Win It!

*Bring indoor shoes and a water
bottle



10

Self-guided social
For ages 18-25
1:00 pm - 3:00 pm

Open house for youth
and families
For ages 12-25 and family members
5:30 pm - 6:30 pm

12

CLOSED

For Thanksgiving weekend



Hub Services & Supports

- Peer Support
- Care Coordination
- Hub Counsellor
- Single Session
Counselling
- Housing Support
- Educational
Support
- Community
Supports
- Homework Help
- Primary Care:
Sexual Health
Clinic

Always available!

14

CLOSED

For Thanksgiving

15

2SLGBTQIA+ Group:
PRIDE bingo
For ages 18-25
1:00 pm - 3:00 pm



Thrifting for Youth in Need
For ages 12-25
4:00 pm - 5:00 pm

2SLGBTQIA+ Group:
PRIDE bingo
For ages 12-17
4:00 pm - 5:30 pm

16

Movie Night:
Hocus Pocus
Themed snacks and dinner!
For ages 12-25
4:00 pm - 7:00 pm

17

Cooking workshop
with ACT
For ages 18-25
1:00 pm - 3:00 pm

Cooking workshop
For ages 12-17
4:00 pm - 5:30 pm



19

@ Hub HQ
For ages 12-17
12:00 pm - 3:45 pm

Museum visit and lunch!
Meet at Hub HQ

Free for all youth aged 12-25.
The TYWH is a safe and
welcoming space for all youth.

Always available: meals &
snacks, bus tickets, hygiene
supplies + more.



/ywhtimmins



@ywhtimmins



ywhtimmins.ca



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21

**Baking workshop and
YAC meet and greet**
For ages 12-25
4:00 pm - 5:30 pm



22

NeuroSkills with SABIC
For ages 12-25
3:00 pm - 5:00 pm

23

@ Ross Beattie
For ages 12-25
4:30 pm - 8:00 pm

Open gym
Supper
Board games
Trivia!

**Bring indoor shoes and a water bottle*



24

Hub **2nd**
Anniversary Party!
For ages 12-25
4:00 pm - 6:00 pm

Board games
Scrapbooking music
Baked goods

25

Friday

@ Collège Boréal
For ages 12-25
7:00 pm - 9:00 pm

Coffee House
FREE refreshments, snacks,
games, and music!



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- Educational
Support
- Community
Supports
- Homework Help
- Primary Care:
Sexual Health
Clinic

Always available!

28

Self guided social
For ages 18-25
1:00 pm - 3:00 pm

**DIY Fall body scrubs with
the Métis Nation of Ontario**
For ages 12-17
4:00 pm - 5:30 pm

29

Among Us murder mystery
For ages 18-25
1:00 pm - 3:00 pm

Among Us murder mystery
For ages 12-17
4:00 pm - 5:30 pm



30

Halloween party!
For ages 12-25
4:00 pm - 7:00 pm

Halloween crafts
DIY bat bookmarks
Halloween Snacks
Face painting
Dinner



31

Tea and talk
For ages 18-25
1:00 pm - 3:00 pm

Tea and talk
For ages 12-17
4:00 pm - 5:30 pm



02

@ YMCA
For ages 12-25
12:00 pm - 3:45 pm

Open gym
Lunch
Board Games
CD & vinyl painting

**Bring indoor shoes and a water bottle*

Free for all youth aged 12-25.
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welcoming space for all youth.

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snacks, bus tickets, hygiene
supplies + more.



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