



**youth
wellness
hubs**
ONTARIO

**carrefours
bien-être
pour les jeunes**
DE L'ONTARIO

2022 - 2023 Year in Review

The Timmins Youth Wellness Hub would like to acknowledge that the Timmins community is situated on the traditional territory of Ojibway, Cree, Oji-Cree, Algonquin, and Métis Peoples. This territory is covered by Treaty 9 (James Bay Treaty) and is home to many Indigenous communities today. We recognize and deeply appreciate their historic connection to this territory, as well as their contributions in shaping and strengthening this community.

PROGRAMS & SERVICES

A range of services & supports for youth ages 12-25 were offered through various service pathways.

Skills & Wellbeing Activities

- Learning workshops
- Health-based/leisure activities
- Indigenous & cultural programming
- Drop-in time

Youth Wellness Team Services

- Mental health
- Substance use
- Primary care
- Sexual health
- Care coordination
- Peer support

Community & Social Support Services

- Education
- Employment & training
- Income services
- Housing
- Family support
- Outreach

100+

YOUTH VISITS
(TO SERVICES)

800+

YOUTH VISITS
(TO ACTIVITIES)

600+

HOURS OF
SERVICES &
SUPPORTS



500+

HOURS OF
ACTIVITIES

The TYWH also provided youth with clothing and supplies to support them in attending and succeeding at school, and staying warm in the winter.

90+ youth received clothing

65+ youth received school supplies

100+ youth received winter clothing



Outdoor Activities

June, July & August 2022

The TYWH offered activities twice weekly at various outdoor locations in the community.



Hub HQ Soft Opening

October 2022

The TYWH's very own space, affectionately named "Hub Headquarters" or "Hub HQ," opened to youth! The TYWH began offering programming out of this space in addition to continuing to offer Rotational Hubs.



Youth Advisory Committee Established

November 2022

The Youth Advisory Committee was established to provide an outlet for youth to formally contribute to the development of programs and services offered by the TYWH and to act as a bridge between youth and the TYWH to bring forward diverse perspectives.

Rotational Hubs Resumed

April 2022



After putting these on hold due to the COVID-19 pandemic, the TYWH was able to resume hosting Rotational Hubs at community partner locations throughout the community on a regular basis.

2SLGBTQ+ Support Group Established

August 2022



The TYWH began offering a monthly support group for 2SLGBTQ+ youth.

Hub HQ Official Opening

November 2022



Youth, their families, TYWH Community Partners, and YWHO representatives gathered to officially celebrate the opening of Hub HQ!



Community Partner Table Established

January 2023



The Community Partner Table was established to provide a forum to discuss, plan and identify needs and gaps in services for youth who present at the TYWH; and to promote and reinforce seamless pathways to increase access to services that are culturally respectful.

COMMUNITY SPONSORSHIPS

Thank you to the following Community Partners for their generous community sponsorship contributions:

Scotiabank
A Dollar A Day Foundation
CIBC Wood Gundy
Fidelity Investments Canada

"I love coming here, it's very welcoming and I'm grateful for the Hub during my recovery."

- Youth Participant

"A member of our family has been going to [TYWH] activities for a while and I really noticed a difference in her."

- Community Partner