



**youth
wellness
hubs**
ONTARIO

**carrefours
bien-être
pour les jeunes**
DE L'ONTARIO

NOVEMBER 2024

☎ 705-268-0400

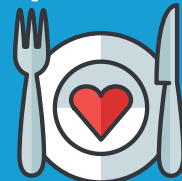
HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON

SCHOOL YEAR HOURS MONDAY, TUESDAY AND THURSDAY: 10AM - 6PM WEDNESDAY: HUB HQ 12PM - 4PM / ROTATIONAL 4PM - 8PM FRIDAY: CLOSED SATURDAY: 12PM - 4PM

04

Coffee social at Aline's
Meet at Hub HQ
For ages 18-25
2:00 pm - 3:00 pm

Dinner and chill drop-in
For ages 12-25
4:00 pm - 5:30 pm



05

Book club:
Book Journals
For ages 18-25
1:00 pm - 3:00 pm

Book club:
Bookish crafts!
For ages 12-17
4:00 pm - 5:30 pm

06

@ O'Gorman High
For ages 12-25
4:30 pm - 8:00 pm

Open gym
Supper
Charades
Board games

**Bring indoor shoes and a water bottle*



07

Improv with Erik
For ages 12-25
3:00 pm - 5:00 pm

09

@ Hub HQ
For ages 12-17
12:00 pm - 3:45 pm

Pizza making workshop

Meet @ Hub HQ by
12:30 pm to participate

**Workshop generously
donated by Sparks Pizza*



Hub Services & Supports

- Peer Support
- Care Coordination
- Hub Counsellor
- Single Session Counselling
- Housing Support
- Educational Support
- Community Supports
- Homework Help
- Primary Care: Sexual Health Clinic

Always available!

11

Remembrance Day
Hub is open regular hours



12

Hot cocoa bar with
Northern College
For ages 12-25
3:30 pm - 5:30 pm

Thrifting for youth in need
For ages 12-25
4:00 pm - 5:00 pm



13

Movie night: Inside Out
and dinner
For ages 12-25

4:00 pm - 7:00 pm

14

Cooking workshop
with ACT
For ages 18 - 25
1:00 pm - 3:00 pm



Cooking workshop
For ages 12-17
4:00 pm - 5:30 pm

16

@ Midtown Bowl
For ages 12-25
1:00 pm - 3:45 pm

Bowling and pizza lunch

Free for all youth aged 12-25.
The TYWH is a safe and
welcoming space for all youth.

Always available: meals &
snacks, bus tickets, hygiene
supplies + more.



/ywhtimmins



@ywhtimmins



ywhtimmins.ca



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18

Drop-in time
For ages 18-25
1:00 pm - 3:00 pm



Drop-in time
For ages 12-17
4:00 pm - 5:30 pm

19

NeuroSkills with SABIC
For ages 12-25
3:00 pm - 5:00 pm

20

@ Renaissance
For ages 12-25
4:30 pm - 8:00 pm

Bingo
Supper
Room decor craft
Board games

**Bring indoor shoes and a water bottle*



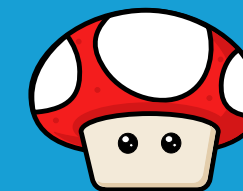
21

2SLGBTQIA+ group
social walk
For ages 12-25
3:30 pm - 5:30 pm

23

@ Hub HQ
For ages 12-17
12:00 pm - 3:45 pm

Mario Kart tournament
Lunch



25

Self-guided social
For ages 18-25
1:00 pm - 3:00 pm

Paint by numbers with
Métis Nation
For ages 12-17
4:00 pm - 5:30 pm

26

Tea & Talk
For ages 18-25
1:00 pm - 3:00 pm

Tea & Talk
For ages 12-17
4:00 pm - 5:30 pm



27

Holiday Movie!
Dinner & hot cocoa bar
For ages 12-25
4:00 pm - 6:30 pm

28

Just Dance competition
with mocktails
For ages 18-25
1:00 pm - 3:00 pm

Just Dance competition
with mocktails
For ages 12-17
4:00 pm - 5:30 pm



29 Friday

@ Collège Boréal
For ages 12-25
7:00 pm - 9:00 pm

Coffee House
FREE refreshments, snacks,
games, and music!

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