



**youth
wellness
hubs**
ONTARIO

**carrefours
bien-être
pour les jeunes**
DE L'ONTARIO

JANUARY 2025

☎ 705-268-0400

HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON

***SCHOOL YEAR HOURS* MONDAY, TUESDAY AND THURSDAY: 10AM - 6PM WEDNESDAY: HUB HQ 12PM - 4PM / ROTATIONAL 4PM - 8PM FRIDAY: CLOSED SATURDAY: 12PM - 4PM**

06 Monday

Coffee Social

For ages 18-25

2:00 pm - 3:00 pm

Drop-in time and dinner

For ages 12 - 25

4:00 pm - 5:30 pm

07 Tuesday

Fibre crafts Day!

For ages 12-25

3:30 pm - 5:30 pm



08 Wednesday

@ Roland Michener

For ages 12-25

4:30 pm - 7:45 pm

Open gym
Painting activity
Board games
Supper

**please bring indoor shoes and a water bottle!*

09 Thursday

Self-guided social

For ages 18-25

1:00 pm - 3:00 pm

Music drop-in

For ages 12-17

4:00 pm - 5:30 pm



11 Saturday

CLOSED

Hub Services & Supports

- Peer Support
- Care Coordination
- Hub Counsellor
- Single Session Counselling
- Housing Support
- Educational Support
- Community Supports
- Homework Help
- Primary Care: Sexual Health Clinic

Always available!

13 Monday

Self-guided social

For ages 18-25

1:00 pm - 3:00 pm

Paint by numbers with MNO

For ages 12-17

4:00 pm - 5:30 pm



14 Tuesday

Self-guided social

For ages 18-25

1:00 pm - 3:00 pm

Thrifting for youth in need

For ages 12-25

4:00 pm - 6:00 pm

Drop-in time

For ages 12-17

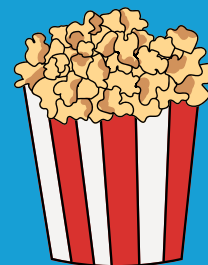
4:00 pm - 5:30 pm

15 Wednesday

Movie night: Inside Out 2 and cozy dinner!

For ages 12-17

3:30 pm - 6:00 pm



16 Thursday

Timmins Fitness Alternatives Activity

For ages 12-17

5:30 pm - 7:30 pm

Meet at Hub HQ!

Waivers must be signed by parent or guardian to participate

18 Saturday

Winter Carnival

@ Hub HQ

For ages 12-25

12:00 pm - 4:00 pm

Hockey Lunch

Hot cocoa bar

Board Games

Face painting



Free for all youth aged 12-25.
The TYWH is a safe and welcoming space for all youth.

Always available: meals & snacks, bus tickets, hygiene supplies + more.



/ywhtimmins



@ywhtimmins



ywhtimmins.ca



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20 Monday

Drop in time
For ages 18-25
1:00 pm - 3:00 pm

Drop in time
For ages 12-17
4:00 pm - 5:30 pm

21 Tuesday

NeuroSkills with SABIC
For ages 12-25
3:00 pm - 5:00 pm



22 Wednesday

@ Ross Beattie
For ages 12-25
4:30 pm - 7:45 pm

Among Us IRL
Board games
Supper

**please bring indoor shoes and a water bottle!*

23 Thursday

2SLGBTQIA+ group:
Macrame Wall Hanging
For ages 18-25
1:00 pm - 3:00 pm



2SLGBTQIA+ group:
BINGO
For ages 12-17
4:00 pm - 5:30 pm

25 Saturday

Hub HQ
For ages 12-17
12:00 pm - 4:00 pm

Snowshoeing adventure
Hot cocoa bar
Board Games
Lunch

27 Monday

Self-guided social
For ages 18-25
1:00 pm - 3:00 pm



Nintendo Switch Social
For ages 12-17
4:00 pm - 5:30 pm

28 Tuesday

Tea & Talk
For ages 18-25
1:00 pm - 3:00 pm

Tea & Talk
For ages 12-17
4:00 pm - 5:30 pm

29 Wednesday

Bowling and pizza
For ages 12-25
4:00 pm - 6:30 pm

Meet at Hub HQ
for 3:30 pm and walk
with us



30 Thursday

Cooking workshop
with ACT
For ages 18-25
1:00 pm - 3:00 pm

Cooking workshop
For ages 12-17
4:00 pm - 5:30 pm

31 Friday

Coffee House
For ages 18-25
7:00 pm - 9:00 pm

Food
Music
Games
Beverages



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