



**youth
wellness
hubs**
ONTARIO

**carrefours
bien-être
pour les jeunes**
DE L'ONTARIO

APRIL 2025

HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON

☎ 705-268-0400

SCHOOL YEAR HOURS **MONDAY, TUESDAY AND THURSDAY: 10AM - 6PM** **WEDNESDAY: HUB HQ 12PM - 4PM / ROTATIONAL 4PM - 8PM** **FRIDAY: CLOSED** **SATURDAY: 12PM - 4PM**

31 Monday

Coffee social at Ciao
Meet @ Hub HQ
For ages 18-25
1:00 pm - 2:00 pm



Drop-in time and dinner
& College Boréal
Presentation
For ages 12-25
4:00 pm - 5:30 pm

1 Tuesday

Self-guided social
For ages 18-25
1:00 pm - 3:00 pm

Drop-in Time
For ages 12 - 17
4:00 pm - 5:30 pm

2 Wednesday

@ Renaissance
For ages 12-25
4:00 pm - 6:45 pm

Open gym
Pictionary
Board games
Dinner

*Bring indoor shoes and a
water bottle



3 Thursday

Self-guided social
For ages 18-25
1:00 pm - 3:00 pm

Junk Journaling
For ages 12-17
4:00 pm - 5:30 pm

5 Saturday

@ Hub HQ
12:00 pm - 3:45 pm
For ages 12 - 17

Movie Day
Lunch



7 Monday

Study Café
For ages 18-25
1:00 pm - 3:00 pm

Book social with treats
For ages 12-17
4:00 pm - 5:30 pm

8 Tuesday

Thrifting for Youth in
Need
For ages 12-25
4:00 pm - 5:00 pm



Drop-in Time
For ages 12 - 17
4:00 pm - 5:30 pm

9 Wednesday

@ O'Gorman Intermediate
For ages 12-25
4:00 pm - 6:45 pm

Open gym
Board games
Dinner

*Bring indoor shoes and a
water bottle

10 Thursday

Book social with treats
For ages 18-25
1:00 pm - 3:00 pm

Study Café
For ages 12-17
4:00 pm - 5:30 pm



12 Saturday

@ YMCA
12:00 pm - 3:45 pm
For ages 12 - 25

Open gym
Easter cards
Board games
Lunch

*Bring indoor shoes and a
water bottle

Hub Services & Supports

- Peer Support
- Care Coordination
- Hub Counsellor
- Single Session Counselling
- Housing Support
- Educational Support
- Community Supports
- Homework Help
- Primary Care: Sexual Health Clinic

Always available!

Free for all youth aged 12-25.
The TYWH is a safe and
welcoming space for all youth.

Always available: meals &
snacks, bus tickets, hygiene
supplies + more.



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14 Monday

Self-guided social
For ages 18-25
1:00 pm - 3:00 pm

Open house with grocery
card draws and snacks!
For all ages
5:00 pm - 6:00 pm



15 Tuesday

Cooking workshop:
Easter egg dyeing and
painting!
For ages 12 - 25
3:00 pm - 5:00 pm

16 Wednesday

Gymnastics class!
For ages 12-17
6:00 pm - 8:00 pm
Meet at Hub HQ
for 6:00 pm
*Bring a water bottle



17 Thursday

2SLGBTQIA+
Focus Group with TADH
around healthcare
For youth ages 12 - 25 who identify
as part of the 2SLGBTQIA+
community
3:00 pm - 5:00 pm
Food and drinks will be provided
*All participants will get a gift card at
the end of the focus group

19 Saturday

CLOSED
Happy Easter !



21 Monday

=CLOSED=
Happy Easter !

22 Tuesday

Northern College info session
with popcorn
For ages 12-25
3:00 pm - 4:00 pm



Earth Day celebrations:
Trivia and recyclable crafts
For ages 12-25
3:00 pm - 5:00 pm

23 Wednesday

@ Roland Michener
For ages 12-25
4:00 pm - 6:45 pm

Open gym
Board games
Dinner

*Bring indoor shoes and a
water bottle

24 Thursday

Seed starting with
Misiway
For ages 12 - 25
3:00 pm - 5:00 pm



26 Saturday

@ Hub HQ
12:00 pm - 3:45 pm
For ages 12 - 17

Board game
tournament
Lunch

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Support
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- Primary Care:
Sexual Health
Clinic

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28 Monday

Self-guided social
For ages 18-25
1:00 pm - 3:00 pm

Cooking workshop
For all ages
4:00 pm - 5:30 pm



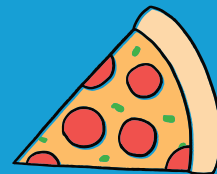
29 Tuesday

Spring craft with
Maegan
For ages 12 - 25
3:00 pm - 5:00 pm

30 Wednesday

Bowling and pizza
For ages 12-25
4:00 pm - 6:30 pm

*Meet at Hub HQ
for 3:30 pm and walk
with us*



1 Thursday

Cooking workshop with
ACT
For ages 18-25
1:00 pm - 3:00 pm

Nintendo Switch drop-in
time
For ages 12-17
4:00 pm - 5:30 pm

3 Saturday

@ Hub HQ
12:00 pm - 3:45 pm
For ages 12 - 17

Community clean up
nature walk and ice
cream treat!



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- Educational Support
- Community Supports
- Homework Help
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